

Relating to developmental forces of the Embryo

**A 3-day workshop
with Konrad Obermeier & Marisol Valente
2025 / February 21/22/23**



Every manifestation of a human body is a developmental process. Morphological growth is the organic unfolding of an individual physical form in space and time as a dynamic movement. With this point of view, anatomy is not static-descriptive, but is as animated as poetic and always the result of kinetic flow.

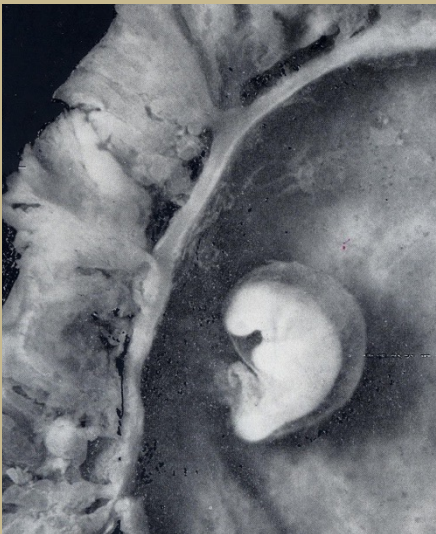
Structural Integration is the normal function every embryo performs while the human body is shape-shifting through transitory phases. Both, epigenetic forces and genetic information contribute to growth and differentiation in a balanced way.

The Embryo, we could say, is a specialist in continually integrating its own structure.

Comprehending differentiation, growth and development of structure provides a foundational option which can inform and inspire the practical work of Structural Integration, Osteopathy, and all other forms of manual therapy.

In this 3-day class the basics of the biodynamic model of the Embryologist **Erich Blechschmidt**, will be presented in a theoretical and some practical, hands-on way.





We will look at some details of the early developmental unfolding during the first 8 weeks of human life and appreciate the underlying rules and principles:

- A brief recapitulation of central aspects of cellular life – membranes / cytoplasm / nucleus.
- The development of the blastocyst and implantation; this will help us understand the distinction between development, differentiation and growth.
- Metabolic polarization will be understood in the discussion of positional differences of cells constituting limiting tissues and internal tissues.
- Fluid pressure and membranous tension will be introduced as major formative forces of embryonic developmental movements when we look at early differentiation.
- The dynamic processes leading to the appearance of the primitive streak highlight midline formation, laying down the central axis of the human body.
- Late metabolic fields as original areas of differentiation will help us to clarify the concept and role of metabolic gradients.



The memory of our growth and differentiation is imprinted in us, we call this “The Embryonic Field”.

Exploring this field with skillful hands from an open, listening space, is a doorway to access a deep wisdom that can guide and relate the body to its initial organizing forces.

We will explore practically some developmental processes:

- The fulcrum manifesting the base of the cranium;
- The midline is our first function, - the essential field around which we are forming .
- Neurovascular bundles function as central fulcrums for the formation of the structures they serve.
- Fluidic fields are precursors to the formation of structure;
- Internal Tissues and Limiting Tissues are relating to tension and pressure within the fluid body.



Konrad Obermeier

Rolfer™ since 1991. Anatomy Instructor for the European Rolwing Association® and the Dr. Ida Rolf Institute® – Boulder Colorado. Teaches Visceral Manipulation, Anatomy and Biodynamic Embryology after Dr. Erich Blechschmidt.



Marisol Aimée Valente

Rolfer™ and Mentor, Rolf Movement™ and Craniosacral Practitioner, SourcePoint® Therapy Instructor Her work has been strongly influenced by Dr. James Jealous (Biodynamic Osteopathy), BodyMind Centering®, Continuum Movement®, and her meditation practice.